Name:

Block:

**POWER in Your Life**

**Directions:** Answer the questions below to help evaluate power in your own life.

1. Make a list of all of the individuals, institutions, and circumstances that have power over you. For each item, write a brief description of how it has power over you.
2. Now make a list of all of the individuals, institutions, and circumstances in which you have power. For each one, briefly describe how you have power.
3. Create a simple illustration *on the back of this handout* that represents how you feel about power in your life.
4. Below your illustration, summarize in two to three sentences how you feel about power in your life.